

MARCH 2020



Lunch 11:30 am

Lunch Event-12:00 pm

1% or fat free milk served with meal

*** MENU & PROGRAMS ARE SUBJECT TO CHANGE WITH OUT NOTICE ****

*Dine in meal Suggested donation \$5.

* Frequent Dinner- 5 meal card for \$20.

*Carry out meals \$7

*59 and younger meals \$ 8

*Side Salad \$2 Tuesday-Friday (please ask staff if a side salad is available)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Slow Roasted Beef/ Gravy	3 Sliced Turkey Roll up w/ Spinach & Cheddar on a soft Wheat Tortilla & Deli Salad Bar Soup: Bean	4 Spaghetti & Meatballs	5 Egg Salad & Deli Salad Bar Soup: Tomato Florentine	LENT 6 Cheese Ravioli Alfredo
9 Baked Meatloaf / Country Gravy John Boda Classic Crooners Ladies edition	10 Chicken Salad on Wheat French Roll & Deli Salad Bar Soup: Bean	11 BBQ Chicken Thigh Heather Braoudakis Song's You've Requested	12 Swedish Meatballs & Deli Salad Bar Soup: Vegetable Gumbo	LENT 13 Cheese Omelette
CHOICE DAY 16 A. Pork Roast w/ Cinnamon Apples B. Chicken	Saint Patrick Day 17 Irish Stew W/Peas, onions, Carrots & Celery. Ray Florenza	18 Salisbury Steak / Gravy  50's Trivia sponsored by Assisting Hands	19 Chicago Style Hot Dog & Deli Salad Bar Soup: Vegetable Lentil Scams	LENT 20 Classic Lasagna w/ Marinara
23 Roast Turkey & Gravy	24 Stuffed Green Pepper & Deli Salad Bar Soup: Lumberjack	25 Spaghetti & Meatball	26 Tuna Salad Sandwich & Deli Salad Bar Soup: Cream of Broccoli	CHOICE DAY LENT 27 A. Citrus Alaskan Pollock B. Chicken Blood Pressure Screening
30 Hot Roast Beef	31 Chicken Salad Sandwich & Deli Salad Bar Soup: Cream of Potato	 <p>Life is like making tea! Boil your ego, evaporate your worries, dilute your sorrows, filter your mistakes and get a taste of happiness...</p> <p>AlwaysLadies.com</p>		

Name _____ Phone # (_____) _____ - _____ Date _____

Meal registrations are highly recommended. Events are included with lunch. Even if you wish to join us for the program only, please register by calling 847-459-2606

Lunch at the Center Events

Classic Crooners (Ladies Edition)
Monday, March 09,2020



Focused on the great ladies during the golden age of music, of song such as Rosemary Clooney, Patie Page, Doris Day, Lena Horne, and more! John Boda will share memories, brief history and pictures on screen along with select songs performed such as "Tennessee Waltz", "Stormy Weather" "Who's Sorry Now", "Hey There" and several more!

Songs You've Requested
Wednesday, March 11th, 2020

Throughout the years, you've asked Heather Braoudakis to sing certain songs. Well, now's the time. You'll hear your requests songs like *Sunrise Sunset, Embraceable You, Somewhere My Love, Stardust*, and more.

Songs
You've
Requested

St. Patrick's Day Party
Tuesday, March 17th, 2020

Time to have a sham rocking good time at our St. Patrick's Day celebration! Enjoy a delicious lunch followed by a special St. Patrick's Day performance by Ray Forlenza, who will be joining our center for the first time. Don't forget to wear your green.



1950's Trivia
Wednesday, March 18th, 2020



SPONSORED BY :



Do you remember the 1950's ? If so put on your thinking caps and get ready to answer questions about the 1950's . Our "Game Hostess" for the afternoon will be Daniellah from Assisting Hands

Scam Update
Thursday, March 19th, 2020

Officer Scott Laverd will share Information on the latest Scams and ways to prevent becoming a victim.

SCAM ALERT!

Funds (in whole/part) for the Lunch at Pavilion program were provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Administration for Community Living, U.S. Department of Health and Human Services under Title III of the Older American Act. The suggested donation for the lunch is \$5.00 per meal. No one will be turned away for inability to donate. Frequent diners can make a \$20 donation for a 5-meal Lunch at Pavilion ticket. Cards are available at the front desk .The cards have no expiration dates. The Village of Wheeling does not discriminate in admission to programs or activities of treatment of employment in compliance with appropriate State and Federal statutes